

Are you aged 13-25 and living in the Highlands?

Do you want to help create a sexual-violence free world?

Do you want to get a great CV boost in the process?

Then volunteering with local charity, RASASH, as a Stand Up! Young Ambassador might be right up your street!

Check out the website for more info:

www.rasash.org.uk/get-involved/standup-rasash

"Sexual assault has always angered me but I have always felt powerless to do anything about it. I loved being given the opportunity to finally take a stand"

- Charlie, 17, Current Ambassador